



DADON ROAD

Randonnée familiale de 3 jours -niveau facile-

(Tarifs en fin de document)

Point de départ : Les Bréfinies

Jour 1 : Les Bréfinies → Grand Vabre: 12 km

The farm of the Ânes de Monédiès (breeding of donkeys of the Pyrenees) from where you will begin your hike is located in the hamlet of Bréfinies crossed by the Way of St Jacques (GR65). Situated in a green area, with the Brousse stream and its green pastures in the lower part and the small village with three typical Aveyron houses made of shale stone and roofs of lause in the upper part.



On the heights of Les Bréfinies is the plateau of Almont-LesJunies that you will cross at the beginning of your walk and from where you will be able to admire an exceptional panorama on the Monts du Cantal and the Plateau de L'Aubrac. You will then plunge through pretty chestnut groves to reach the hermitage of Fraysse, from there you will venture into the valley of the stream of Monédiès where you will pass by the Pre-Romanesque Chapel, one thousand two hundred years old, located in the heart of nowhere and which was magnificently restored in 2003 by "Les Monuments Historiques" thus giving to the hikers the feeling of having returned to the middle ages

Les Ânes de Monédiès

Les Bréfinies, 12300 Almont les Junies

Tél. +33 (0)5 65 43 19 51 Portable +33(0)6 33 30 44 78

lesanes@monedies.fr

www.monedies.fr

At the end of this day, you will reach the town of Grand Vabre where you will stop. This picturesque village is located at the confluence of the rivers Dourdou and Lot and at the border of three departments, Aveyron, Lot and Cantal. On the heights of the village are charming hamlets, from which you can admire an exceptional panorama. The altitude varies from 199 to 609 meters on the whole commune.



The origin of the name Grand Vabre is not clearly defined. Various researches, explanations and interpretations have been provided based on studies of words of Celtic or Latin origin as well as Occitan, whereby, without giving any certainty, it is admitted that the name "Grand Vabre" could be the equivalent of "big village" or "big valley covered with trees" or "big valley of underground streams". Why in these places? Nothing precise on this point, except that the legend and the chronicles concerning Dadon, the hermit at the origin of the monastery of Conques, found a retreat in this place of calm and solitude where he founded Grand Vabre. This event in the history of the village dates back to the 8th century, when Dadon withdrew from community life for a life of meditation.

Grand Vabre

Jour 2 : **Grand Vabre** → **Conques**: 12 km

The view of Conques is striking for those coming from the west. Nestled on the side of the wooded hill that appears before the walker on the opposite bank of the Dourdou, this magnificent medieval village exposes its tiers of slate roofs where the three towers of the Sainte Foy basilica dominate. There is too much to see for everything to be described: the basilica of course and what we have been able to reconstitute of the cloister, but also the half-timbered facades in "X" filled with schist, the corbelled houses, the chapel of St Roch (XVIth) on the rocky mound, the castle of Humières with its high tower and its mullioned windows, the Romanesque door of Vinzelle by which the pilgrims used to leave, a tower of the old enclosure, etc... Recognized as one of the "Most beautiful villages of France", Conques collects titles of nobility. The abbey of this "Grand Site de Midi-Pyrénées" is classified as a World Heritage Site by UNESCO.



Retour aux Bréfinies

Jour 3 : **Conques** → **Les Bréfinies**: 10.5 km

You will return to Les Bréfinies by taking the Chemin de St Jacques (GR65) passing by the Chapelle Ste Foy de Conques from where you can ring the bell hoping for the response of the bells of the Abbey. You will then join the plateau by passing by the farms of Aujols and Lissoulière. You will then follow a welcoming forest trail that winds through the woods and offers welcome shade on hot summer days. The end of your walk will take you to the lovely flowery hamlet of Clémenties from where you will reach Les Bréfinies.



Sources : " Grand Vabre, its history, its heritage, its hikes ", www. aveyron.com, " The Way of Saint James from Puy en Velay to Roncesvalles by the GR 65 " .

This three-day hike does not involve any major difficulty.

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- Rando 3 jours -

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Two options of organization and accommodation "NATURE or COMFORT

- Rando Organisée : CIRCUIT NATURE -

1st night at Les Bréfinies (Night before the departure of your hike)

Yurt

Formula 1 - Half board (evening meal and breakfast)

or

Formula 2

-Full board (evening meal, breakfast and picnic basket)

* No hotel service at the Yurt: We provide you with all your meals. For dinner, for example: salad, melon, barbecue, aligot, dessert, wine.... For your breakfast in self service : Coffee, tea, milk chocolate, cereal, fruit juice, bread, jam... For your picnic basket : Bread, butter, cheese, ham, tomato, fruit, cookie... Kitchen and sanitary facilities at your disposal.

2nd night near the village of Grand Vabre

Family tent in bivouac

Formula 1

- Half board (evening meal and breakfast)

or

Formula 2

- Full board (evening meal, breakfast and picnic basket)

*Our family tents: Two bedrooms with mattresses and a large living room. Sheets, blankets and towels included.

3rd night in Conques

Ste Foy de Conques Abbey

Formula 1

- Half board (evening meal and breakfast)

or

Formula 2

- Full board (evening meal, breakfast and picnic basket)

*If you wish another type of accommodation in Conques (gîte, hotel or bed and breakfast), please let us know so that we can give you an estimate. Please note that it is possible to include a last night at the end of your trip in a yurt, village hotel or family tent with half board (dinner and breakfast).

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Rates

3 days and 3 nights per person

"All-inclusive packages

(Except drinks out of menu)

Circuit Nature <u>Draps et serviettes inclus</u> <i>Location d'un âne - 3 jours</i> <i>Cartes et topoguide</i>	Circuit Confort <u>Draps et serviettes inclus</u> <i>Location d'un âne - 3 jours</i> <i>Cartes et topoguide</i>
225 €	225 €
Formule 1 2 nuitées en Demi-pension 1 nuitée en Pension complète	Formule 3 2 nuitées en Demi-pension 1 nuitée en Pension complète
Adulte : de 230 à 262 € Enfant (-10 ans) : de 204 à 236 €	Adulte : de 264 à 296 € Enfant (-10 ans) : de 225 à 257 €
Formule 2 3 nuitées en Pension complète	Formule 4 3 nuitées en Pension complète
Adulte : de 251 à 284 € Enfant (-10 ans) : de 225 à 257 €	Adulte : de 284 à 316 € Enfant (-10 ans) : de 246 à 278 €

*Rates are given for the high season and

as an indication

in all cases we will establish you a personalized estimate. To do this, please complete the information form on our site under the heading "Online form for quotation".

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